



# ROCK RIDGE ELEMENTARY

# ROCK RIDGE REVIEW

400 Heritage Avenue, Castle Rock, CO 80104

September 2020

## A Note From the Principal

Hello RRE families:

Rock Ridge is off to a great start with lots of successes to celebrate. Naturally, this has been a unique beginning of the year but kids, staff and community have been awesome. Thank you for your patience during carloop and supporting us with keeping a safe environment here at Rock Ridge.

[A beginning of the year survey](#) was sent out recently and Rock Ridge Elementary would greatly appreciate your feedback. Please share your thoughts about your child's school so that we can continue to better serve them and our community. The more responses the more accurate the data so please share your celebrations and recommendations.

As the principal of Rock Ridge I consider myself blessed to be a part of such an amazing staff and community. I strive to base every decision on what is best for children using scientific evidence, feedback from teachers, support staff and parents where appropriate. I welcome parents and staff with an open-door policy should you ever desire to chat or want clarification on any decision that we have made here at Rock Ridge. Some additional venues available to become more involved are attending/joining our [School Accountability Committee \(SAC\)](#) meeting with our next scheduled meeting taking place on October 20<sup>th</sup>, (Please reach out directly to obtain access to the zoom link) or joining our Rock Ridge [PTO](#).



Don't forget to sign up with your child's teacher for the beginning of the year Parent-Teacher conferences, September 28<sup>th</sup> through October 2<sup>nd</sup>. Each teacher has a signup system in place to reserve your time for the meeting. Please check their webpage for more details.

Until we return to a closer level of normalcy, I look forward to seeing you all at car loop, PTO, SAC and around the perimeter of the school.  
Sincerely,

Peter Mosby  
Principal, Rock Ridge Elementary

**Peter Mosby**  
Principal

**Julie Roach**  
Assistant Principal

**Attendance Line**  
303-387-5152

**Office**  
303-387-5150

**Weather Closure**  
303-387-SNOW

**Hours**  
First Bell 8:30am  
School Begins 8:35am  
All Dismiss 3:30pm  
AM Kinder 8:30-11:15  
PM Kinder 12:45-3:30

[School Website](#)



## Dates to Remember - Mark Your Calendar

## Important Dates

## September

Sept 17 <sup>th</sup>	All Day Chick-fil-A Spirit Day
Sept 17 <sup>th</sup>	Parent Teacher Conferences
Sept 18 <sup>th</sup>	9:00am eLearners Run/ Shirt pick-up
Sept 23 <sup>rd</sup>	Cohort A Run Day
Sept 24 <sup>th</sup>	Cohort B and Online Run Day
Sept 28 <sup>th</sup>	Rock Ridge Run donations due



## Looking Ahead

## October

Oct 2 <sup>nd</sup>	9:00am eLearners prize pick-up
Oct 5 <sup>th</sup>	Rock Ridge Run Prize Day
Oct 6 <sup>th</sup>	6:00-7:00pm PTO Meeting (zoom)
Oct 7 <sup>th</sup>	5:00-9:00pm Chipotle Spirit Night
Oct 10 <sup>th</sup>	No School
Oct 12 <sup>th</sup> – 16 <sup>th</sup>	No School Fall Break

## November

Nov 5 <sup>th</sup>	11am-8:30pm Panda Express Spirit Day
Nov 10 <sup>th</sup>	6:00-7:00pm PTO Meeting (Zoom)
Nov 19 <sup>th</sup>	All Day Chick-fil-A Spirit Day
Nov 23 <sup>rd</sup> -27 <sup>th</sup>	No School Thanksgiving Break

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## Celebrating Our Students!

### Fun in the snow!

Having fun on our crazy September snow day!



### Enjoying recess while social distancing

Students have been doing a great job of finding ways to have fun at recess while social distancing.





## Mental Well-Being During COVID-19

### Managing Stress & Building Resilience

You are invited to a Live Town Hall on Monday, Sept. 21 at 5:30 p.m. presented by the Board of Douglas County Commissioners and the Douglas County Mental Health Initiative. Join in this community conversation with Amber Berenz, licensed professional counselor and program manager for AllHealth Network's Colorado Spirit Program. She'll answer your questions and share skills, tips and resources to help you tap into your inner resilience and navigate the stress that life during the pandemic brings.

Call in to 833-380-0668 or visit [douglas.co.us/townhall](https://douglas.co.us/townhall) to participate.

**Mental Well-Being During COVID-19**  
**Resources to Manage Stress & Build Resilience**  
**Live Town Hall**  
**Monday, Sept. 21—5:30 p.m.**

Watch: [douglas.co.us/townhall](https://douglas.co.us/townhall) Call in: 833-380-0668  
*Closed captioning provided*



### Library Book Recommendations

Here are some of Mrs. Keller's top picture book recommendations:

- Thelma the Unicorn by Aaron Blabey
- This Book Just Ate My Dog by Richard Byrne
- Tacky the Penguin by Helen Lester
- Strictly No Elephants by Lisa Mantchev
- Thank You, Omu! By Oge Mora
- Creepy Carrots by Aaron Reynolds
- Interrupting Chicken by David Ezra Stein

**WE HAVE A HELPING PARTNER!**



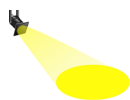
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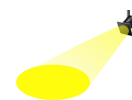
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**303-799-9044**

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## Specials Spotlight



Welcome back to Specials at Rock Ridge. This year's rotation will look a little different. You will be in PE, Art or Music for 3 weeks before rotating to your next Special. This will usually give your class 6 in person days and 9 virtual days during each rotation. Spanish will be a second special in your classroom, every three weeks.

We are so excited to see you all again and can't wait to get started!

### **Gym:**

6th-3rd grade students will be jumping into throwing/catching activities that help teach teamwork and cooperation during our first unit. Our second unit will introduce students to the sport of disc golf.

2nd-Kindergarten students will be running through a gradual increase in intensity/choice during our first unit. Students will be practicing their listening/following direction skills along with learning (or reviewing) how to jump rope, juggle, and hula hoop!

### **Art:**

Hello parents, please visit my school website regularly for the most updated information regarding art. This year I will be using google classroom and seesaw for the virtual learning days. I will still be doing Original Works this year. For those of you who are unfamiliar with OW, it is an art fundraising program that allows students the opportunity to get their artwork printed on a variety of items for you to purchase. Artwork can be printed on items such as mugs, magnets, and much more. When you purchase one of these items a portion of the proceeds goes towards art supplies for our classroom!

**This week you will be receiving an email from the school with important information and dates for Original Works. Please look over this, if you have any questions please email me at [lgonzalez@dcsdk12.org](mailto:lgonzalez@dcsdk12.org).**

### **Music:**

In the Music Room this rotation, students will be focusing on How We Organize Ourselves in the world of Music. They will be learning about music symbols and how to read music notation. Students will be applying these skills on the following instruments by grade: 6th pianos, 5th guitars, 4th recorders, 3rd Ukuleles and Kindergarten through 2nd grade on multiple percussion instruments, including drums, xylophones, glockenspiels, shakers, bells and triangles.

### **Spanish:**

In Spanish, we are continuing with the theme "Who We Are". Students will be practicing the phrases, "me gusta" and "no me gusta". Older students will get practice interviewing each other and discovering what things others like and dislike. First-grade students will review their color words in Spanish and create their own Brown Bear Book. Kindergarten will continue practicing their numbers in Spanish.

## Weekly Meal Bags Available from DCSD Nutrition Services

Great news! The USDA has extended the free meals program to all school children through December 31, 2020. Please see link [USDA Extends Free Meals for kids through Dec 31, 2020](#)

Please see attached letter from Tara Gonzales RND, SNS

With this announcement we are requesting that parents remind their children who have allergies what items they are not to come in contact with or eat. We will continue to have a designated allergy eating area for students here at Rock Ridge elementary as well. Please feel free to reach out to us if you have any questions or concerns or if you would like to speak with our health assistant, Ms. Woodzell.



[Parent Food Allergy Letter.docx](#)

### Pre-Order Your Weekly Meal Bags

Available to all students registered in eLearning and Hybrid learning

Free to those on the Free and Reduced Meal Program

Weekly meal bags for 100% eLearners contain 5 breakfast meals and 5 lunch meals, including fruits/veggies and milk for each meal. Weekly meal bags for Hybrid learners will contain 5 breakfast and 3 lunches. A lunch-only bag will be available for Hybrid learners as well with 3 lunches.

[Please fill out this order form for EACH student.](#) Pre-orders must be placed each week by Thursday at midnight. Pickups will be every Monday from 1:30-2pm OR Tuesday from 9:30-10am.

Sponsorship space in this newsletter is extremely affordable!

Reach parents in your local community & a significant portion of your investment goes back to the school!

Want to sponsor this school?  
Please contact Rob Mangelson at [Rob@tscacolorado.com](mailto:Rob@tscacolorado.com) or (720) 878-4107.

## Sponsor This School!

# YOUR NAME HERE

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Today!

Rob Mangelson  
(720) 878-4107

[Rob@tscacolorado.com](mailto:Rob@tscacolorado.com)

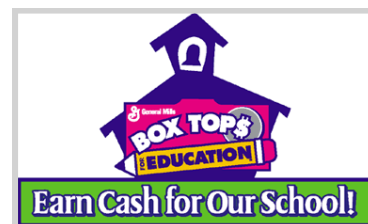
The School Communications Agency  
*Supporting Schools & Local Businesses*



## Box Tops

We will not be conducting the Box Tops competition between classes this year, but will continue collecting Box Tops. Please remember to scan all of your receipts!

For more information about Box Tops for Education as well as instructions for downloading the app, go to: <https://www.boxtops4education.com/>.



## Rockets B.A.S.E.

Rock Ridge is proud to present the return of Rock Ridge Rockets Before and After School program (Rockets B.A.S.E. for short). This program provides a fun and relaxing way for your students to start or end their in person learning days on site here at Rock Ridge Elementary. Your kids have the opportunity to play gym games, participate in crafts, and learn in a safe, professional environment right here at their own elementary school.

Hours of operation daily are 6:30am-8:30am and 3:30pm-6:00pm, Monday through Thursday, and they are now offering Full day care on Fridays from 7:00am to 5:30 pm! They will do their best to facilitate your students' online learning on Fridays as well!

Lastly, they also provide full day care during breaks and school closures, such as the November 3rd Professional Development. If you think you may need care for your children, or just have a few questions, please visit them at <https://sites.google.com/dcsdk12.org/rock-ridge-base>. Or feel free to reach out to the program Manager Josh Schaner. He can be contacted at [jschaner@dcsdk12.org](mailto:jschaner@dcsdk12.org) or 303-549-7283 with any inquiries! They look forward to hearing from you and hope you have a wonderful day!

## International Baccalaureate

Each month we focus on an IB Learner Profile and **Balanced** is our focus for the month of **September**.



Students who are balanced are healthy and are aware that eating properly and exercising is important in their lives. They understand that it is important to have a balance between the physical and mental aspects of their bodies. They spend time doing many different things.

### How can parents help to develop students who are balanced at home?

- Encourage your child to participate in a wide variety of structured activities.
- During less structured time, also be aware of the activities that your child is participating in. Too much time in front of the computer or television is obviously not desirable, but all kids need to do a variety of things. Generally active kids should take time for quiet reading or reflection; students who spend a lot of time drawing or reading, should be encouraged to also exercise and play.
- Discuss the food groups with your child. Spend a few minutes during a mealtime deciding if what your family is eating is balanced.
- Model this attribute. Spend time as a parent or family doing many different activities.